





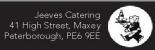
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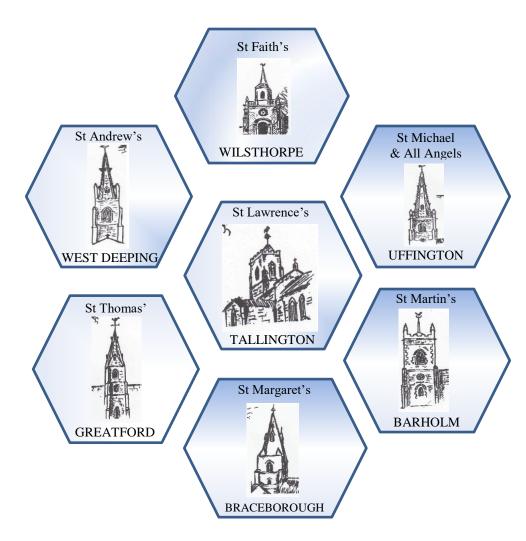
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EDITORIAL SECRETARY Mrs Gail Genever,

Uffington Tel: 01780 765005 gailgenever@btinternet.com

PREPARATION FOR PRINTING Pete Hickman

Tel: 01780 754417 Please e-mail your copy (**in MS Word please**) to towersandspires@hotmail.co.uk

PLEASE NOTE THAT ALL COPY MUST REACH GAIL &
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Tallington - Mrs L Pollock Tel 01780 740445 laurapollock73@gmail.com

Uffington – Mrs Gail Genever, Tel: 01780 765005 gailgenever@btinternet.com

West Deeping – Jean Stowe Tel: 01778 346779 jean@stowe.vispa.com or jean.stowe@abelgratis.com

Wilsthorpe - Mrs V Stuart, Brook House, Wilsthorpe



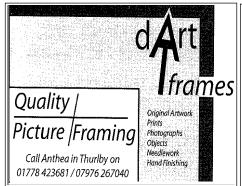
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LETTER OF THANKS

I would like to express my sincere gratitude to all the members of the choir that sang at the Uffington carol service on Sunday 23 December. They worked very hard on the three choral pieces, as well as leading the congregation in singing the carols. Rehearsals were hard work but good fun, and the choir (as we have come to expect) sang extremely well at the service. It was good to work with such a large and talented ensemble.

I am greatly indebted to Kate Bidwell, who accompanied the choir so efficiently at rehearsals. Heartfelt thanks must also be extended to Tim Grace, the long-serving Church organist, who spent hours practising the music for our worship. I am greatly indebted to him for his skilful and unobtrusive playing. We are also very grateful to John and Anne Teesdale, who each year kindly allow us the use of Copthill School for our rehearsals. And finally, our thanks go to Linda Flynn for organising and serving some excellent refreshments!

In an ideal world, it would be splendid if everyone who sang in the choir could attend all (or most) of the rehearsals. Next year, we shall revert to Wednesday evenings for our practices. If anyone is interested in joining us, then please give me a call (07734 510815). You don't have to be able to read music, but simply have a willingness to sing and the availability to attend just five rehearsals. Please think about it: you would be made most welcome.

Tim Hurst-Brown.

WELLAND MOTHERS' UNION

If you would like to join us please contact Elizabeth 01778 344674 or Anne 01780 740151

From the Rector:

I hope you had a blessed Christmas and Epiphany. Uffington School has been marked with a great chalk blessing above the door leading into school from the playground to remind us that Christ blesses our homes, and the places where we learn and work. We just need to invite him! That's a difficult thing for some of us to do, and it may be very hard for us to encourage others to let Christ into their lives.

Holman Hunt painted a picture called, "The Light of the World", you may have seen one of the originals in Oxford, Manchester or St Paul's Cathedral London. It was so popular that Holman was asked to make copies. The important point about this image is Christ waits outside the door to come in. I think we're being asked to imagine that he is there waiting at our door, but as he waits expectantly he waits until we invite him in. He's not able to let himself in because there's no handle on the outside.

Last month I wrote about loving your neighbour and visiting them. I mentioned that I had noticed, perhaps because of past problems, or through pride we sometimes don't accept the offers when made, or open the door. But that doesn't mean we should give up. Sometimes our neighbours really want our help, they are desperate for a conversation and it's all too easy to ignore them. We may have heard about someone suffering dementia and don't know what to say to them or their partner or carer. Having met with a couple recently I can say that in their circumstances they would love more conversations in the street and visits to their home. We can only work out what's needed if we ask. We just need to start with a, "Hello". It's the same for those bereaved, or for any of us whose circumstances have changed. It's all too easy to ignore those around us because the metaphorical door is shut. And using the image that Holman Hunt painted, not realising that we have to invite the person in, and they have to have made the effort to call in the first place. Please don't give up spreading community spirit, by saying hello more often, stopping for a chat and knocking on the doors more often; why not arrange to meet in one of our wonderful pubs, there are five to choose from, for a drink and a chat and meet even more people.

One of the benefits for U3A was explained to me recently. The U3A (University of the third age) is as much about meeting others and therefore preventing loneliness now and in the future as friendship groups are built up. Please ask me for more details or seek out Michael Crowe who has all of the information about U3A at his fingertips.

As I continue to discover all of the wonderful things that are happening across our seven parishes I wonder if I could draw your attention to a service in Wilsthorpe on the 3rd March at 10:30 (Holy Communion). Archdeacon Justine is coming to visit us and it's a great opportunity to hear her speak. She's coming as part of a formal visitation that will help us grow church in the benefice and she's also the author of the study course that I will be running in Lent.

I hope I continue to discover more about the seven villages and that I get to see more of you especially as we prepare for Lent and Easter. May you find more welcome neighbours at your door and in the streets and lanes.

Fr Aran

Obscure Metals & Metalloids

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Ι	A	E	R	T	U	D	Ι	A	В	A	S	E	S
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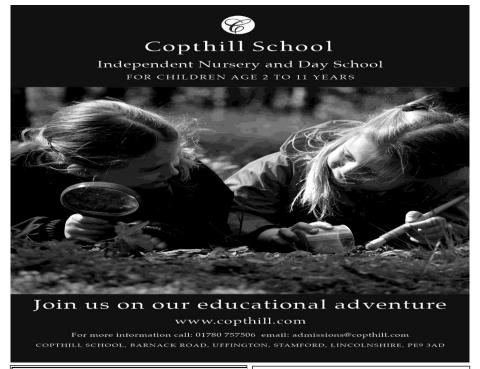
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SUMMARY OF UFFINGTON PARISH COUNCIL MEETING 9TH JANUARY 2019

Defibrillator Listed building consent granted. Training dates requested.

Play area fencing completed. Hedge to be cut back.

Bin Cllr Cooke is able to source the correct locking tool.

Roads and paths. Greatford Road mended, Lindsey Road footpath improved. Bertie Lane opposite the pub noted. Anglian Water & Highways still in discussion about Lindsey Road. Some flooding reported. Reports can be made via: https://fixmystreet.lincolnshire.gov.uk

Litter picker has resigned. Replaced by Jayne Hartley

Newstead Broadband. Newstead added to LC /BT Openreach contract.

New pay spine from 2 April 2019 for parish clerks. Will increase to £9.77/hr.

Towers and Spires. Councillors agreed that this was a valuable village resource and agreed in principle to fund some of the costs.

Speed sign requires charging every 3 weeks. More volunteers needed to help.

Planning & Accounts see website/noticeboards for details

Parish council elections Candidates are needed to stand for election in

May. Enquiries to UffingtonPC1@gmail.com

Next meeting 27th February 2019, 8pm at the Village Hall.

BRACEBOROUGH

Sunday 3 Feb. There will be a 9am service of Holy Communion at St Margaret's on Sunday 3 Feb. You are very welcome to join us for this service. Please come along if you can.

Please note there will **NO** Holy Communion service at Braceborough on **Sunday 3 March.** Archdeacon Justine is preaching at 10.30am at Wilsthorpe that morning and we are all invited to that service.

Sunday 10 March. There will be a shortened, 'said' Holy Communion at St.Margaret's at 4pm on Sunday 10 March. This is planned as a slightly different service than our usual one, and to offer HC at Braceborough during the month of March. We hope you can join us.

Village Hall Committee – retirees. After more than 20 years' service Judy Barwell is retiring. Judy has served as a very active member & secretary for many years. She has sold tickets, prepared food, helped set up the hall, washed up & cleared away so many times - & much much more. Thank you, Judy. You have been a true star. James Williams is also retiring after 17 years on the committee, many as treasurer. With huge support from Hazel, Alex & Marcus, James has been a stalwart in our community. He has been selfless, hard-working & covered such a multitude of roles there are too many to list! Here are some - seeking funding grants, organising & running the bar on countless occasions, maintaining the general running of the hall, taking bookings, attending the beacon, ensuring we comply with ever-changing legislation, hosting visitors, preparing meals, erecting marquees, gardening, hedge-cutting – you name it & Family Williams have always been there. James has already been recognised as our 'unsung hero.' He truly is. Heartfelt thanks from us all to you & your family!

Community Lunches. The next lunches are planned for 20 February & 20 March. These lunches are open to anyone from Braceborough or Wilsthorpe. 12 noon start. No bar-please bring your own drink. Cost is £5. We shall not sell tickets but Pat & Karen would like confirmation of number in advance, please.

Christmas Card Appeal. This year more than £140 was raised for Sue Ryder. Another great result. Well done Braceborough!

Christmas Carol Singing. £85 was raised for the British Heart Foundation by our group of singers visiting various homes in the village. The carol singing was great fun, very successful & much-appreciated by those listening.

Saturday 23 February – Bingo & Fish and Chip Supper in Village Hall. Tickets from the usual suspects. 7pm for 7.30pm. Licensed Bar & Raffle.

Dates for the Diary. Saturday 13 April – Pot Luck Supper; Saturday 18 May – Quiz Night; Saturday 13 July – Summer BBQ & other things! Details to follow.

Beginners' Ceilidh/Scottish Dancing. Come & try this fun & sociable form of exercise. Most Mondays 7.30-9pm in village hall. No partner needed, just bring comfortable shoes & a smile! £3 a session. Contact Hazel 01778 560417.

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St Martin's Church, Barholm-with-Stowe Candlemas Evensong at 6:00pm Sunday 3rd February 2019

We extend a warm welcome to share with you the tradition of Evening Prayer from the Book of Common Prayer (BCP) 1662

Christians have worshipped in the churches in our group for more than 900 years and our aim at St Martin's church is always to extend a warm welcome to those visiting us, those returning and the regular members of the congregation.

The heart of Evensong is the reading of Scripture. The service that surrounds it is intended to prepare us to hear God's word and to be able to respond to it with praise. Its traditional language may help us to put aside the pressures of our lives as we enter into a tradition that has sustained Christians in England since the 17th Century.

If you are new to this style of worship or unfamiliar with the language, then let us put you at ease. We have prepared an Order of Service and tried to include sufficient instructions to help everyone to take part in the service.

If you'd rather sit and listen then you're very welcome to be still and let the music and words wash over you. Although our Organ is currently away for repair, we expect it back with us in the early spring, we pray that you sense the presence and love of God as we celebrate traditional Evening Prayer together.

If you feel that you would like to read one Sunday in the future or be involved in any way, please speak to Fr Aran or put your name down on the rota at the back of the church on a date that is convenient for you. If anyone is interested in sharing duties one Sunday that may be a nice idea, everyone is always very welcome to become involved.

This time of Candlemas allows us to celebrate the commemoration of the infant Jesus in the temple and is one of the nine 'principal feasts' of the Church of England



The Benefice of the Uffington Group

READINGS FOR FEBRUARY

	Psalm	ОТ	NT	Gospel
Sunday 3 rd February 5 th Sunday before Lent	48	Ezekiel 43:27 – 44:4	1Corinthians 13:1-13	Luke 2:22-40
Sunday 10 th February 4 th Sunday before Lent	138	Isaiah 6:1-8 [9-end]	1Corinthians 15:1-11	Luke 5:1-11
Sunday 17 th February 3 rd Sunday before Lent	1	Jeremiah 17:5-10	1Corinthians 15:12-20	Luke 6:17-26
Sunday 24 th February 2 nd Sunday before Lent	65	Genesis 2:4b - 9, 15-end	Revelation 4	Luke 8:22-25
Sunday 3 rd March Sunday next before Lent	99	Exodus 34:29- end	2Corinthians 3:12 – 4:2	Luke 9:28-36 [37-43a]

The readings at Holy Communion are normally the OT, NT and Gospel, and at Morning and Evening Prayer are usually Psalm, OT and NT (but do check with the preacher).

For the Sundays before Lent, the colour is green.

WILSTHORPE

The next Service at St Faith's is Holy Communion at 10.30am on Sunday 3rd February 2019. The service will be taken by the Fr Aran Beesley. Refreshments will be served after the service Please do come along and join us, where you will be made most welcome.

A couple of ideas have been put forward for fund raising/social events but more would be appreciated.

WEST DEEPING

St Andrews Church. **Coffee Morning** Saturday 16th February. 10.30am-12noon WDVH. All Age Service Sunday 17thg February at 10.30am.. **Flowers**. If you can help with flower arranging please sign-up on the flower rota on the church noticeboard or talk to Colin on 07946004893.

Bible Studies. Tuesday 12th February and Tuesday 26th February 3pm at Cromwell House. Contact Susanna 01778 380014.

WD Walkers. Sundays. Meet at the Village Hall at 1.45 pm. 10th February will be led by lain, and 24th February by Allan. Contact: Annie: 01778 346805/ annie.new@me.com

Beetle Drive. Sunday 17th February 3pm WDVH Proceeds for the Jubilee Fund. Tickets at £5 include High Tea. Booking advisable, with Annie Newbigging: as above

West Deeping Heritage Group Tuesday 19th February 7 for 7.30pm WDVH. Liz Noble, a West Deeping resident, has a small flock of Lincoln Longwool sheep and a wealth of specialist knowledge of the history of this rare breed. Admission £2.50 includes refreshments. Details from Maggie Ashcroft 01778 344768

Rambling Readers. Meet on the last Friday of the month in WDVH. A new book each month is supplied by Lincolnshire Libraries, please talk to Elizabeth at 01778 344674.

Carpet Bowls Club. The group meets on Thursday evenings in the Village Hall. See centre pages. Chairperson: June Thomas 01778 343434.

Lincolnshire Rural Touring. Friday 1st March. 7.30pm WDVH. Dawn State Theatre Company presents The Wonderful Discovery of Witches in the County of Lancaster. Tickets £10 (standard) £6.00 (under 16) from David 01778 380197.

Drains. Anglian Water have donated a boxful of sink strainers/fat collector kits These are free and can be obtained at Saturday coffee mornings in the Village Hall

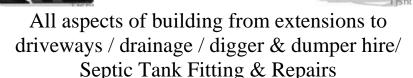
Classes in West Deeping Village Hall.

Step Clog. Fortnightly on Mondays 8-9.30pm. Contact: Laura on 01733 267129, or email laura.clogteacher@gmail.com

Tiger Tots Messy Play. Fridays, 9.30am-11.30am. For babies and toddlers aged 6 months-5 years. £7 per child, £5 per sibling. Sessions start again on Friday 11th February. For queries and to book, call Ali on 07949 689179 or visit tigertotsmessyplay@btinternet.com

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PILATES

Mondays 11.15am-12.15pm Barnack Village Hall Mondays 6.15pm-7.15pm at Great Casterton Church Hall Wednesdays 10.25am-11.25am at Ketton Congregational Hall Pilates classes are £8/£35 for 5 sessions.

DANCEFIT

Wednesdays 9.15am-10.15am at Ketton Congregational Hall Fridays 9.30am-10.30am at Empingham **Audit Hall**

Dancefit classes are £6/£25 for 5 sessions. Friendly, relaxed classes open to all ages and abilities.

Contact Louise on 07827 665916 or email louise@stamfordpilates.co.uk www.stamfordpilates.co.uk

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GREATFORD

Church Flowers: Joan Aylett

Church Cleaning: Heidi Hooper and Lucy Porteus (D of E Gold Volunteer)

Church Services at Greatford this month are: 10th February Holy Communion 9am; 24th February Morning Prayer 9am. Please join us at these services, you will be very welcome. Is anyone able to assist with flower arranging? Please contact Bridget on 560473. Thank you to all who assisted with the Big Clean in the church on Saturday 5th January.

Getting to know our Neighbours: On Friday 1st February from 6 to 8pm Please come and join us, especially if you are new to the village. Nibbles will be provided but please bring your own liquid refreshment. It is a village event and All ages are welcome..

Carlby & District WI: There was no meeting in January. The next meeting is on Tuesday 12th February at Carlby Village Hall and is a Members night. New members and visitors are always welcome. For further information please telephone 01778 590542 or 01778 590348.

Mobile Library. Visits are on Mondays near the phone box from 12.00 to 12.30. The next visits are on February 18th and 18th March. Please support this or the service will be lost.

Bellringing: The next bell practice will be Wednesday February 20th. Contact Lois on: 01778 560437. Email lois.m.webb1@gmail.com if you want to find out more about ringing or just come along to a practice night.

Parish Council. The next meeting is Tuesday 26th March in the CHURCH (tbc) at 7.30pm. At the meeting on 15th January we were delighted to welcome our new co-opted Parish Councillor, Mrs Gemma Taylor. Our budget and precept for 2019-2020 was agreed and sent off. If you want an issue raised please contact me lois.m.webb1@gmail.com

Flying the Flag: Mark any special event by having the Union Flag or St George's Flag flown at the Village Hall (for a contribution to Village Hall Funds) or outside the Church (in aid of Church Funds). Please contact Cyril Webb on 560437 in either case.

Our oldest and longest resident in Greatford, Mrs Janet Ruby Lambert, sadly died on 22nd December 2018 at the age of 92. Janet was born on 20th April 1926 and had lived here all her life until her last three years when she was in a care home. She was respected by all of us who knew her as a hard working lady, and devoted mother of Nick. Her passing marks the end of an era of longstanding residents.

YOGA. A new yoga class is starting in the village hall on every Wednesday morning from 20^{th} March 2019. From 09.30 -10.30 it is Hatha Yoga, and from 10.45-11.45 Yin/Restorative Yoga. £10. Drop in. For more information you can contact: claryn@clarynnicholas.com or phone 07899 922753

UFFINGTON

News from Uffington Village Hall. Many sincere thanks to everyone taking part in the 2019 175 Club – your vital support is very much appreciated. The committee is planning several projects this year and your views on which to prioritise first is very much sought.

Repair the blown render on the extension:

Survey the surrounding external walls prior to redeveloping the front and back gardens: Paint the foyer, loos and committee room:

Install the Parish Archives in dedicated and appropriate cupboards in the committee room at UVH with lockable units and display cabinets:

Make foam cushions for the static benches in main hall.

We welcome help from builders in the village who would be willing to give an informal opinion on points 2 and 3. If anyone is keen to do the painting, please get in touch with any committee members: Liz Genever liz@lizgenever.com; Nick and Vanessa Kimberley 01780 239463 or secretary@uffingtonvillagehall.org.uk; Anita Hassall, Nessa Winters, Pat Dodsworth or Dean Cornish. Thank you.

To combat winter isolation, the UVH is holding two afternoon talks at 2.30pm. Saturday 9 February 2019. Philippa Massey will talk and show slides on Crime, Law and Order in Stamford. The February draw of the 175 Club will also be held. Saturday 16 March Tulip Mania talk and flower arranging demo- which will then be raffled off. For both talks: Admission £10 on door includes homemade cakes and tea, excellent company and raffle. Help with transport available. The village hall has a flat floor and accessible loo. The Feb talk is kindly organised by Michael Crowe 762490 and Vanessa Kimberley 239463, proceeds to UVH, and the March talk by Janet Warburton. 01778 560620. Proceeds towards Clic Sargent Cancer Charity and Uffington Church.

February 16 - Felt Workshop at UVH. £55 10am-4pm an ideal St. Valentine present. Contact Liz Genever- liz@lizgenever.com or 07790 378349 to book a place.

Beginners' yoga at UVH now has spaces on a pay as you go £10 class, Thursdays 7.15pm – 8.30pm .Contact Laura: 07951 288801

We welcome the new class of U3A Book Binding and Repair, who meet at UVH on the 2nd and 4th Tuesdays of the month 2pm - 3.30pm. Contact U3A Chairman Michael Crowe 01780 762490 if you would like to join the U3A/ the class.

Uffington continued elsewhere:

Uffington continued:

TALLINGTON

Church Flowers

3rd/10th February – Mrs L Pollock 17th/24th February – Mrs M Tilson

Mobile Library Monday 18 February 10.30- 11am, Casewick Lane

Sunday 10 February, Come and visit the Snowdrops at Uffington Church 2pm -4pm

The Bertie Arms events: Book a team on 766400 for Wednesday 20 Feb Pub quiz 8pm.

Sunday 24 February at 7pm- A quiz to blossom at- Bring your friends to this general knowledge quiz -themed around (but not about) flowers. The quiz is to raise funds for the Uffington Flower Festival in aid of Clic Sargent Cancer charity and Uffington Church. See Uffington Village Lincolnshire Facebook and posters on noticeboards for details.

Uffington Walk and Talk. Friday February 1st 2019. A circular walk to Ufford Oaks and back. (4 - 5 miles). An extension to Ashton is an option if wanted. - Torpel Way book, starting in Barnack, park and meet by the church. 9.55am for 10am.PLEASE NOTE the road from Uffington to Barnack is closed, so plan an alternative route to Barnack. Contact and weather check: Janet Warburton 01778 560620. Sheila Archer 01780 763825 (sheilandkeith@hotmail.com)

Flying the Flag. Either the Union Jack or St George's Flag was/will be flown as follows:

Date	Event or Message	Sponsor(s)
16 th Jan	In memory of our Jon Boy	
30 th Jan	Anniversary of the death of AVM Johnnie Johnson	John Edwards

Mark your special date by sponsoring either the Union Jack or St George's flag, and make a £5 donation to Church funds. Contact David & Gail Genever or Graham Creedy (481084).

St Lawrence Church Tallington Services for February 2019 are Evening Prayer on Sunday 10th February at 6.00 pm led by Fr Aran Beesley and on Sunday 24th February Holy Communion at 4.00 pm again led by Fr Aran.

200 Club Winners in December's Big Draw: 1st prize Mrs Bell £50; 2nd prize Mrs Haslam £25; 3rd prize Brian and Tricia (no surname given).

Activities at the Hall in February:

16th February - 10.00 - 11.00 am Family Fun Yoga. For the youngest to the eldest £10 per family (up to 4) pre-booking required; email hhyogaandfitness@gmail.com 16th February - 11.00 - 12 noon 15-20 minutes Indian Head Massages £10 per person, pre-booking only and medical consultation required; email as above please 23 February - 9.30 am - 12.30 pm Beginners Yoga Workshop, pre-booking required £40, email as above for more details.

Regular Classes Contact Numbers:

HIITSTEP and METAFIT – Chris Shingles, classes are £4 each, 07946604656 to book. Tai Chi Is currently fully booked.

Yoga 8 pm beginners' class is fully booked (book now for March), there are still spaces on the more advanced class at 7 pm. Please contact Helen at hhyogaandfitness@gmail.com

Hiring the Hall – please contact tallingtonvillagehall@gmail.com, message us on Facebook (Tallington Village Hall) or leave a message on 07939986817.

Flying the Flag: The Union Jack Flag was flown from 24th to 28th December in honour and remembrance of Vera Couzens by her loving husband and family.

Mobile Library Service: The Mobile Library service will be in Church Lane on Monday 18th February between 11.15 and 11.45 am in its usual place in Church Lane. Please use it if you can so that we do not lose this valuable service.

The Post Office is open in the Village Hall every Tuesday afternoon between 2.00 and 4.00 pm offering many services. Please use this Post Office so that we don't lose it either.

CHURCH SERVICES AND DIARY DATES FOR FEBRUARY 2019 VOLUME 33 NUMBER 11

Abbreviations: Holy Communion (HC); Morning Prayer (MP); Evening Prayer (EP); All Age Worship (AAW)

Sunday	Monday	Tuesday			
3 rd	4 th	5 th			
9am Braceborough HC	9.45am UffVH Yoga	10am UffVH Movement to Music			
10.30am Uffington HC	10am TallVHHiit	2pm TallVH Post Office			
10.30am WDeeping MP	Step/Metafit	5,6&7pm UffVH Childrens Dance			
6pm Barholm EP					
10 th	11 th	12 th			
9am Greatford HC	9.45am UffVH Yoga	10am UffVH Movement to Music			
10:30am Uffington MP	10am TallVHHiit	2pm TallVH Post Office			
10.30am WDeeping HC	Step/Metafit	2pm U3A Book Binding & Repair			
10.30am Wilsthorpe HC		3pm WD Bible Study			
1.45pm WDVH Walkers		5,6&7pm UffVH Childrens Dance			
6pm Tallington EP					
17 th	18 th	19 th			
9am Barholm HC	10am TallVHHiit	10am UffVH Movement to Music			
10.30 Uffington HC	Step/Metafit	2pm TallVH Post Office			
10.30am WDeeping AAW		5,6&7pm UffVH Childrens Dance			
3pm WDVH Beetle Drive		7.30pm WDVH Heritage Meeting			
24 th	25 th	26 th			
9am Greatford HC	9.45am UffVH Yoga	10am UffVH Movement to Music			
10.30 WDeeping HC	10am TallVHHiit	2pm TallVH Post Office			
10.30am Uffington AAW	Step/Metafit	2pm U3A Book Binding & Repair			
1.45pm WDVH Walkers		3pm WD Bible Study			
4pm Tallington HC		5,6&7pm UffVH Childrens Dance			

Wednesday	Thursday	Friday	Saturday
		1 st February 2019	2 nd
		6.30pm TallVH Hiitstep	
		7pm TallVH Metafit	
6 th	7 th	8 th	9 th
	_	<u>~</u>	,
9.30am UffVH Pilates	10.15&11.15am UffVH	6.30pm TallVH Hiitstep	2.30pm UffVH
2pm TallVH Tai Chi 7pm UffVH WI	Hartbeeps 5&6pm UffVH Childs Dance	7pm TallVH Metafit	Talk on Crime, Law & Order. Draw for 175 Club
7piii Olivin Wi	7pm TallVH Vinyassa Flow		Diaw for 173 Club
	Yoga		
	7.15pm UffVH Beginners		
	Yoga		
	7.30pm WDVH Bowls		
	8pm TallVH Beginners Yoga		
13 th	14 TH	15 TH	16 th
9.30am UffVH Pilates	10am TallVH Tots	6.30pm TallVH Hiitstep	10am TallVH Family Fun Yoga
2pm TallVH Tai Chi	10.15&11.15am UffVH	7pm TallVH Metafit	10am UffVH Felt Workshop
5.30pm & 7.15pm	Hartbeeps		10.30am WDVH Coffee
UffVH Tai Chi	4pm TallVH Yoga		Morning for St Andrew's
	5&6pm UffVH Childs Dance		Church
	7pm TallVH Vinyassa Flow		11am TallVH Indian Head
	Yoga		Massage
	7.30pm WDVH Bowls		
	7.15pm UffVH Beginners		
	Yoga8pm TallVH Beginners		
20 TH	Yoga 21 ST	22 nd	23 rd
9.30am UffVH Pilates	5&6pm UffVH Childs Dance		,
2pm TallVH Tai Chi	7pm TallVH Vinyassa Flow	6.30pm TallVH Hiitstep 7pm TallVH Metafit	9.30am-12.30pm TallVH Beginners Yoga Workshop
5.30pm & 7.15pm	Yoga	7.45pm WDVH Rambling	Beginners roga Workshop
UffVH Tai Chi	7.15pm UffVH Beginners	Readers	
On virial cili	Yoga	Redders	
	7.30pm WDVH Bowls		
	8pm TallVH Beginners Yoga		
27 th	28 th	1 st March 2019	
9.30am UffVH Pilates	10.15&11.15am UffVH	7.30pm WD Lincs Rural	
2pm TallVH Tai Chi	Hartbeeps	Touring Theatre	
5.30pm & 7.15pm	5&6pm UffVH Childs Dance	Production	
UffVH Tai Chi	7pm TallVH Vinyassa Flow		
8pm UVH Parish Council	Yoga		
	7.15pm UffVH Beginners		
	Yoga		
	7.30pm WDVH Bowls		
	8pm TallVH Beginners Yoga		