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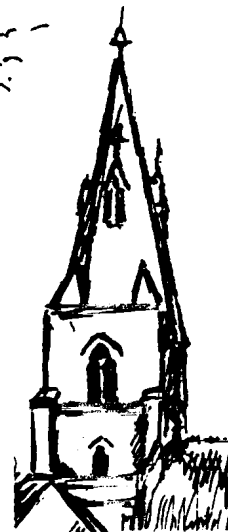
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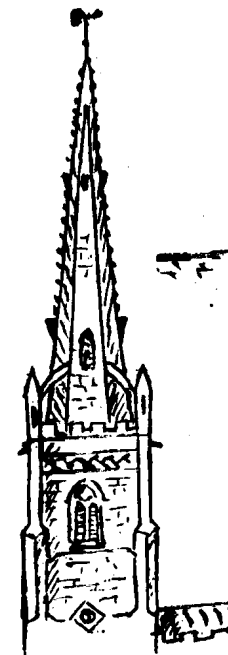
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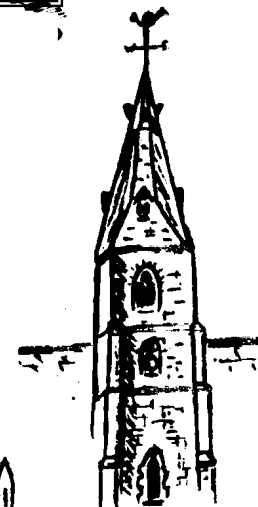
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Uffington - Mrs Gail Genever,  
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West Deeping - Jean Stowe  
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### EDITORIAL SECRETARY Mrs Gail Genever,

Uffington Tel: 01780 765005  
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### PREPARATION FOR PRINTING Pete Hickman

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## WILDLIFE & GARDENING IN MARCH

A perennial is an herbaceous plant that lives for more than two years (as opposed to shorter lived annuals and biennials). Some perennials are hardy, and can be left in the ground over winter, whilst others may need some protection (e.g. Pelargoniums). The above ground growth usually dies down in winter, but a few perennials are also evergreen (e.g. elephants ears (*Bergenia*)).

Many herbaceous plants benefit from being divided about every two to three years. This improves growth, vigour and flowering. Division can be carried out at any time of year, but is generally best done in late autumn or early spring. Depending on prevailing weather conditions, March is usually a good time to divide perennials, as the soil should be starting to warm up, encouraging plant growth.

Old plants should be carefully dug up, and the best method to divide them will depend on the structure of their root system.

Plants with fibrous roots can be pulled apart into several portions, each one retaining a number of roots and growth buds. Old tough clumps can be levered apart using the traditional (and satisfying!) way of two garden forks back to back. Plant only the healthy portions around the outside, and discard the woody centres.

Plants with woody crowns such as delphiniums, should be washed to reveal the growth buds, and then using a sharp knife, the crown cut into portions, each retaining a good bud and roots.

Some plants have underground stems called rhizomes, and portions, from the outside each about 6 cm long, can be cut off and replanted. Again, the old centres can be thrown away.

Tuberous plants, such as Dahlia, can be propagated, by cutting the tuber into vertical sections, so that each piece contains a portion of the stem and a strong growth bud.

Divisions should be replanted as soon as possible, at the same depth as the parent, with sufficient space and ensuring the roots don't dry out while they re-establish.

**Tim and Donna**

*The Rectory, Uffington*

*Dear All*

This year Holy Week falls right at the end of March and into April, with Easter on the 5<sup>th</sup> April. Mothering Sunday is on the 15<sup>th</sup> March, with a short communion service at Uffington at 10.30am, when we'll bless bunches of flowers for the children to give out, then Palm Sunday is on the 29<sup>th</sup> March - why not come along to Greatford for a special group service, when we'll have the blessing of the palms and a dramatised reading of the Passion story as part of the communion service.

There's plenty going on in Holy Week across the group, too, with at least one service every day, so that you can follow the story right the way through the week and walk the way of the cross. On Monday and Tuesday evenings there will be communion services at 7pm - Monday at Uffington, Tuesday at Greatford - and on Wednesday there will be a communion service at 10am at West Deeping. On Thursday evening there will be a commemoration of the Last Supper starting in Braceborough village hall and moving on to the church - see the separate notice for details. This is a great opportunity for fellowship as well as a chance to learn about the first Holy Week, and well worth coming to.

Good Friday is going to follow the same pattern as the last few years. The church services will take place as usual, in West Deeping at 11am and Uffington at 2pm, and once again some of us will be walking (on footpaths, not the road) from one church to the other, with a pause in Tallington on the way. You can come to just the services, just the walk, or join us for part of the route - check the posters at each church for exact timings, and let's hope that the weather stays fine... There'll also be our usual evening service at Barholm at 7pm.

Easter Day will be full of services - not only will there be a communion service in each church (full details in the April magazine), but we're going to start the day with an Easter Vigil and the lighting of the new fire, otherwise known as a dawn service. The good news this year is that the service is later than usual - not until 6am... That's when we'll gather in the dark to read Bible stories by torchlight, as we wait to celebrate the discovery made at break of day, when the women went to the tomb and found that Christ had risen. As a sign of the light of the risen Christ coming into the world, we'll light first one and then another six Easter candles, and take them on to the parishes for the communion services later in the day. Why not stagger out of bed and really know you're celebrating Easter - and don't forget to bring bells/jangling keys/anything else that makes a joyful noise, for use during the service.

Please come and join in on Easter Day and during the preparation for it, as we experience the richness of the Christian story and celebrate the new life God gives us in Christ.

Yours,

*Carolyn Kennedy.*

# The Last Supper

7 pm, Thursday 2<sup>nd</sup> April,

in Braceborough Village Hall

**Tickets £2, family ticket £5, to cover a light supper**

This year we're going to share a meal and service following the pattern of the early Christian church, the first followers of Christ.

When Jesus met with his friends in the first Holy Week they shared a meal and fellowship, eating and chatting, before the meal became special and significant in a new way, as Jesus blessed the bread and the wine and gave it to his disciples. We will do the same thing, sitting at table together and sharing a simple meal of bread, cheese and fruit and a glass of wine before hearing the story of that Last Supper and moving on to a celebration of communion, still seated at table.

We will also re-enact some of the other events of that evening. Just as Jesus washed the feet of his disciples (shocking them, because they thought he was too important to do that for them), so the tradition is that the most senior clergy wash the feet of at least some of those present at the service - in a cathedral, it would be the bishop or the dean. Here it will be the Rector (NB having your feet washed is not compulsory - volunteers only!). And at the end of the evening, as Jesus and the disciples went to the Garden of Gethsemane to pray, we move on to the church, where traditional psalms will be read and the altar stripped, ready for the bleakness of Good Friday.

If you'd like to find out more about the Last Supper, and how communion as we know it started, why not come along and find out. This celebration is open to everyone, whether they've been confirmed or not, and is a family occasion where children are welcome (it will go on until at least 8.30pm, but families can opt out of the time in church). Tickets are available from the churchwardens or the Rector - please do book, so that we know how many we are catering for. Also, please note that this is a *light* supper – you'll need to eat beforehand.

## READINGS FOR MARCH

|   | Psalm                                     | OT                        | NT   | Gospel                          |
|---|---|---------------------------|--|---------------------------------|
| <b>1<sup>st</sup> March</b><br>Lent 2                         | 22:23-31                                  | Genesis<br>17:1-7 + 15-16 | Romans<br>4:13-25                            | Mark<br>8:31-38                 |
| <b>8<sup>th</sup> March</b><br>Lent 3                         | 19  | Exodus<br>20:1-17         | 1 Corinth.<br>1:18-25                        | John<br>2:13-22                 |
| <b>15<sup>th</sup> March</b><br>Lent 4<br>Mothering<br>Sunday | Ps 107:1-3,<br>17-22                      | Numbers<br>21:4-9         | Ephesians<br>2:1-10<br>Colossians<br>3:12-17 | John 3:14-21<br>Luke<br>2:33-35 |
| <b>22<sup>nd</sup> March</b><br>Lent 5                        | 51:1-13                                   | Jeremiah<br>31:31-34      | Hebrews<br>5:5-10                            | John<br>12:20-33                |
| <b>29<sup>th</sup> March</b><br>Palm Sunday                   | A dramatised reading of the Passion story |                           |  |                                 |
| <b>5<sup>th</sup> April</b><br>Easter Day                     |   |                           | Acts<br>10:34-43                             | John<br>20:1-18                 |

Usually, the readings for communion services are the NT and Gospel, and for Morning or Evening Prayer the Psalm, OT and NT. Verse numbers in the Psalms are taken from the black Common Worship book, and may differ in other versions. The colour in church is purple or blue for Lent; there are no flowers in church until Easter.

## FROM THE REGISTERS

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12<sup>th</sup> February      West Deeping      Raymond Lumb (80)

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## BRACEBOROUGH & WILSTHORPE PARISH COUNCIL

Concern was again expressed at the February Parish Council meeting about damage to verges and pot holes not being repaired. Ring 01522 782070 during office hours or the Police for highways emergency (out of office hours), for non-emergencies go to the Lincolnshire County Council website [www.lincolnshire.gov.uk/highwaysdefects](http://www.lincolnshire.gov.uk/highwaysdefects) or email [LLCHighwaysWest@lincolnshire.gov.uk](mailto:LLCHighwaysWest@lincolnshire.gov.uk)

The proposed closure of the Greatford/Banthorpe railway crossing was also discussed. This proposition would divide the parish of Braceborough with residents of Banthorpe, having to use the Essendine road to travel to Greatford for voting purposes. It was suggested that an underpass be constructed under the crossing which would benefit the majority, if you would like to comment visit Network Rails website (by 2<sup>nd</sup> March) at [www.networkrail.co.uk/ECMLlevelcrossings](http://www.networkrail.co.uk/ECMLlevelcrossings).

The following planning applications were discussed:- 12 Main Street, Braceborough-first floor extension – no objection, Holland House, Wilsthorpe-erection of 1.8m wooden fence – objection as design out of character of the village, highways safety, visually intrusive, and contrary to SKDC Core Strategy. Ivy Lodge, Braceborough-demolition of existing lean-to storage shed etc was approved by SKDC.

Cllr. Kentish reported that he hoped to have the Parish Plan booklet completed by middle March ready for distribution.

Correspondence had been received from Anglian Water as follows:- Late February new access road adjacent to Windy Corner will be cleared of all vegetation. Early May will be contacting householders individually to confirm their connection intentions, Early May construction will start on the access road area leading towards the pumping station in the field at the rear of Windy Corner – Main Street will be closed at this location from Monday 4<sup>th</sup> May to Friday 8<sup>th</sup> May. Late June road closures will start within the village for the construction of the new sewers. Late September will have completed construction of the sewers and the roads will be re-opened to traffic.

C.Cllr Martin Trollope-Bellew reported that Ofsted had rated Children's Services – 5 Good and 1 Excellent. LCC portion of the County Tax would be increased by 1.9%, with the Police increasing by 1.95%. The County suggests that they decrease the number of councillors from 77 to 71 in the new boundary review. The combined Fire/Ambulance Station at Stamford is operational. Residents Parking in Stamford has commenced, look out for new parking restrictions.

D.Cllr Channell reported that she had arranged a briefing at Carlby Village Hall to discuss the Local Plan.

The next Parish Council meeting will take place on Monday 2<sup>nd</sup> March 2015 at 7.30pm at Braceborough & Wilsthorpe Village Hall. All Welcome.

For more information on the Parish Council please go to <http://parishes.lincolnshire.gov.uk/BraceboroughandWilsthorpe>

Rosemary Woolley, Clerk to the Council

## UFFINGTON

Church Flowers - None during Lent

**Uffington WI.** The life and times of John Clare. Northamptonshire's Victorian rural poet, who lived not far away at Helpston, was the subject of David Dykes' talk to Uffington WI when it held its first meeting of 2015 on February 4<sup>th</sup>. An original mind with an entirely fresh approach to poetry, Clare rose from country obscurity to become lionised by the chattering classes when he published his first collection. 'Poems Descriptive of Rural Life and Scenery', by the young man who had left his village school at aged just 13, outsold the work of Keats when it appeared in 1820. But Clare had had his brief moment in the sun and his later three collections never achieved the same literary success. He fell into depression, and his black moods and lack of self-esteem led to problems which eventually brought him into asylum care. Nevertheless, he left a legacy of more than 3,500 poems which ring as true to the country-dweller today as they did in the 1800s, and modern environmentalists revere him as one who championed the natural world. 'Clare's tragedy,' observed David Dykes, 'was that he never fitted in with the upper classes, and neither with the class that he came from.' Mr Dykes, manager at Clare Cottage, Helpston, was thanked for his talk by Sarah Pattinson. At the business meeting which followed, members were told that plans for the branch's 70<sup>th</sup> birthday dinner in March were having to be swiftly reorganised following the unexpected closure of the chosen venue. Menus for the revised evening will be circulated before the event. Members were reminded that tickets were available for the Bourne and District Home Economics Group Spring Meeting at Bourne Corn Exchange on March 30<sup>th</sup>. Entertainment will be 'Flanders and Swann Recaptured'. The current list of WI-organised outings includes an open day to visit the new WI office in Sleaford on March 20<sup>th</sup> and a visit to the Peterborough Mosque on April 14<sup>th</sup>. A competition for a photo or picture of 'a rural' idyll' was won by 1 Mary Johnston, 2 equal Alison Dodsworth and Vanessa Kimberley, and 3 equal Pam Norwood and Brenda Francis.

**Uffington Walk & Talk - March Walk** - The walk planned for March 13<sup>th</sup> is Maxham's Green Road (Ref Torpel Way Book - walk no 2 - approx. 5.75 miles). Meet near the Bluebell Pub in Helpston at 9.55am. All welcome. For further information email [uffingtonwalkers@yahoo.co.uk](mailto:uffingtonwalkers@yahoo.co.uk)

**Birthday Thanks.** Tim wishes to express his thanks to everyone at Uffington involved in the celebration of his 60th Birthday, which covered 6th, 7th and 8th February! The cards, messages, and large bottle of sparkling white wine were appreciated very much. So too - was his "driving-school car" iced birthday cake, accurate in red colour and detail - complete with "Pelican" roof sign! It was such a wonderful idea, which definitely passed the test - with its "dual control" ("baking and icing") supplied by Ellie and Liz Bender!

**Flying the Flag.** Either the Union Jack or St George's Flag has been flown as follows:

| Date                | Event                         | Sponsor(s)            |
|---------------------|-------------------------------|-----------------------|
| 3 <sup>rd</sup> Feb | Alice Turner's first birthday | Katie and Rory Turner |

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**Uffington continues elsewhere:**

## LETTER OF THANKS

### Uffington Continued:

**Maureen Wilson-Price and family** of the Charters, Uffington would like to express their sincere thanks and gratitude to neighbours and friends for their many kindnesses, support and condolences received after the death of Howell. Yours kind words and support have been invaluable to us during this sad time.

**Scarecrow Weekend 3<sup>RD</sup>/4<sup>TH</sup> May.** As most of the village will realise plans for this year's event are well under way. The theme for the Scarecrows will be 'Cinema' so get your thinking caps on! Offers of help over the weekend, setting up and down, car parking, making cakes, serving refreshments, running stalls etc will be gratefully received by David Genever Tel: 01780 765005. This is a great opportunity for the village to raise funds for the Church, Village Hall, Cricket Club and WI and for the villagers to meet their neighbours and enjoy themselves.

**Uffington School** will be holding a Eucharistic Service in Church on Tuesday 24<sup>th</sup> March at 2pm. All very welcome.

### DELAINE BUS TIMETABLE (Mondays to Fridays)

|                               | Sch   |       |       |       |       |       |
|-------------------------------|-------|-------|-------|-------|-------|-------|
| Mkt Deeping (Mkt Place)       | 8.15  | 10.25 | 12.25 | 14.25 | 15.20 | 16.40 |
| West Deeping (Cross Roads)    |       | 8.19  | 10.29 | 12.29 | 14.29 | 15.24 |
|                               |       | 16.44 |       |       |       |       |
| Barholm (Church)              |       |       |       |       |       | 15.29 |
| Tallington (Old School)       | 8.23  | 10.33 | 12.33 | 14.33 | 15.35 | 16.48 |
| Uffington (Bus Stop, Main Rd) | 8.27  | 10.37 | 12.37 | 14.37 | 15.39 | 16.52 |
| Stamford (North St)           | 8.34  | 10.44 | 12.44 | 14.44 | 15.46 | 16.59 |
|                               | ***** |       |       |       |       |       |
|                               | Sch   |       |       |       |       |       |
| Stamford (North St)           | 7.40  | 9.55  | 11.55 | 13.55 | 16.10 | 17.25 |
| Uffington (Main Rd)           | 7.47  | 10.02 | 12.02 | 14.02 | 16.19 | 17.32 |
| Tallington (Old School)       | 7.51  | 10.06 | 12.06 | 14.06 | 16.23 | 17.36 |
| Barholm ( Church)             |       | 7.57  |       |       |       |       |
| West Deeping ( Cross Roads)   | 8.02  | 10.10 | 12.10 | 14.10 | 16.27 | 17.40 |
| Mkt Deeping (Mkt Place)       | 8.06  | 10.14 | 12.14 | 14.14 | 16.31 | 17.44 |

**Sch - School Days only. No service on Saturdays & Sundays**

May I, through the pages of this magazine, extend my gratitude to all those who sang in the choir at the Uffington Carol service on Sunday 21<sup>st</sup> December. As we have come to expect, rehearsals were hard work but good fun. The choir sang splendidly at the service and their rendition of "Ding Dong Ding" was particularly delightful. It was very gratifying to work with such a large and committed group.

I am also indebted to Judith Graham and Barbara Tomlinson, both of whom assisted in accompanying the choir at rehearsals. The biggest burden – as always – fell on Tim Grace, who played the organ so well for the final practice and also for the service itself. My warm thanks are extended to him for his very significant and selfless contribution to our worship.

Finally, we are much indebted to John and Anne Teesdale, who lent us the Drama Studio at Cophill School for our rehearsals. They always work quietly behind the scenes on our behalf, and we are extremely grateful for their generosity and support. Our thanks also go to Linda Flynn for organising and serving the refreshments on rehearsal nights.

We are always keen to welcome newcomers to the choir. People do not have to be able to read music, but simply have a willingness to sing and the availability to attend just five rehearsals. If anyone is interested in joining us, then please contact David Genever on 01780 765005. You will be made most welcome. **Tim Hurst-Brown.**

## TALLINGTON

**Church Flowers**  
March Lent – No Flowers

**St Lawrence's Church Flower Rota:** The flower rota is being revised and Anne would be very happy to hear if there is anyone not currently on the rota who would like to join it. Please let her know (phone 740268) and she will be delighted to include you.

**200 Club Winners in February:** No 58 Steve Harbour £20; No 70 Lee Towers £10.

**Social Evenings:** Although there were not many people at the social in January it was enjoyed by those present and the Committee were pleased to welcome a couple of new people who expressed a wish to come again in February for the Fish and Chip Supper with Quiz. Why not come and join us on Friday 27<sup>th</sup> March from 7pm for a Bangers and Mash night – these are usually very popular and we have not had one for quite a while.

**Mobile Library Service:** The Mobile Library will be in Church Lane on Monday 23<sup>rd</sup> March 2015 between 11.15 and 11.45am.

**Flying the Flag:** The Union Jack Flag was flown on Monday 9<sup>th</sup> February. Please phone John Allen (740076) who will raise the flag on a day of your choice in celebration of any special event in your life. It still only costs £5 and the money goes towards the cost of running the Village Hall and Queen Elizabeth II Playing Field.

**Parish Council:** The next meeting of the Parish Council will be held in the Village Hall on Tuesday 10<sup>th</sup> March 2015 at 7.30pm. Please remember that all residents are welcome at Parish Council meetings.



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## WEST DEEPING

**St Andrew's Church.** This month's all-age service is on 15<sup>th</sup> March at 11.30am followed by lunch. The Church is looking for more volunteers. If you would be willing to occasionally read a lesson, arrange flowers, clean, or help with refreshments after the all-age services please would you let the churchwardens know. Also conservation group works to improve the churchyard beyond the basic maintenance so ably undertaken by Garry. Allen 01778 344208, Ian 01778 380014.

**West Deeping Walkers.** Sundays – 1<sup>st</sup> March is led by Allan 345393. 15<sup>th</sup> March is a local walk. Meet outside the Village Hall at 1.45pm. Contact: Annie Newbigging 01778 346805: snewbigging@talktalk.net

**Bible Studies.** Tuesdays – 10<sup>th</sup> and 31<sup>st</sup> March. 2.45 for 3.00pm at Cromwell House followed by tea with our hosts Susanna and Ian. Contact: Allen Calvert 01778 344208.

**Coffee Morning.** Saturday 21<sup>st</sup> March. 10.30am-12noon. West Deeping Village Hall. Call in for a tea/coffee and a chat. Donations for St. Andrew's Church. Raffle, cake/produce stall; activities for children. All are welcome.

**Carpet Bowls Club.** The group meets on Wednesday afternoons and Thursday evenings in the Village Hall. See centre pages. Chairperson: June Thomas 01778 343434.

**Rambling Readers.** Friday 27<sup>th</sup> March 7.45pm. West Deeping Village Hall. If you are interested in reading a new book each month supplied by Lincolnshire Libraries please touch base with Elizabeth at 01778 344674. Or just come along for a taster session.

**West Deeping Heritage Group.** Tuesday 17<sup>th</sup> March. 7pm for 7.30pm start. Bourne is famous for ... what? A talk from Bourne Preservation Society. Amongst Bourne's claims to fame was its exceptionally fine water supply derived from natural springs. In Victorian times, the railways helped to open up the market for the town's mineral water bottling factories. What else was the town famous for? Come and find out! Entrance £2.50 includes refreshments at the start. If you would like to be added to our contact list phone 01778 344768 or email wdheritage@hotmail.co.uk. For further details about the group's activities visit wdheritage.wordpress.com

**West Deeping Village Fund Raising.** Some of us have been talking about fund raising methods for the important resources we hold dear, in our lovely village. There are three main venues, the Village Hall, Tinsley Field and the Church. We are sure that you all appreciate that these are not self-sufficient and funds need to be raised for their continued maintenance.

For many years we have held fetes, open gardens, coffee mornings and afternoon teas. These events have been held in the village hall, on the Tinsley field and some were at West Deeping Manor. It would be nice to continue with these tried and tested fund raisers but some feel it is time for new ideas, so please tell us what else would you like to see in your village? Would you help organise or get involved in some way?

We understand everybody has different calls on their time. You may not be able to help but if you could attend and support an event – that's great too. Please give this some consideration and if you have any ideas please contact Sue at sue.latham1@o2.co.uk or Lesley at lesleyjward@yahoo.com

A date for your diaries

**June 14<sup>th</sup> 2015 St Andrew's Church Fete** in West Deeping Manor House Gardens. More information to follow in future issues. Offers of help please contact Wendy 01778 344208: wendymunton@aol.com

## BRACEBOROUGH

**Holy Communion – Sunday 1<sup>st</sup> March at 9am, St Margaret's Church.** Everyone welcome. Please come along.

### Dates for the Diary

**St Margaret's & St Faith's** will be jointly welcoming U3A who are visiting the village on 2 more occasions this spring – 5<sup>th</sup> March & 12<sup>th</sup> March. On each occasion we shall provide a tea and a talk on various aspects of historical and general interest. Some help with baking a cake and with serving the teas would be very welcome. Could anyone from St.Faith's who is prepared to help please contact either Lyn or Malcolm on 561153 at your earliest convenience?

**Sunday 12<sup>th</sup> April Sunday Lunch in Village Hall.** Traditional homemade roast lunch and dessert. 12.30pm for 1pm. Adults £8, Children £4. Licensed Bar, Raffle. In aid of church funds.

**Saturday 2<sup>nd</sup> May Maintenance morning at St.Margaret's and in Churchyard.** It is planned to arrange some basic annual maintenance for the church building and churchyard starting at 9.30am on Saturday May 2<sup>nd</sup>. If you are able to help please call Malcolm on 561153.

**Sunday 16<sup>th</sup> May Pot Luck Supper at Village Hall.** More details next month.

**Fly The Flag.** It costs just £5 to fly the flag to celebrate a birthday, anniversary or any other memorable or special event. Please contact James or Hazel.

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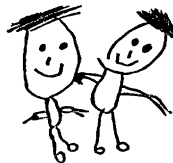
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## GREATFORD

**Church Cleaning:** Sue Barker, Caroline Anderson & Jean Cross  
No Church Flowers during Lent

**Church Services:** The services, which everyone is most welcome to attend, are:

**8<sup>th</sup> March:** Holy Communion at 9am;

**22<sup>nd</sup> March:** Morning Prayer at 9am;

**29<sup>th</sup> March:** Group Service for Palm Sunday at 10:30am.

The organ needs playing regularly – if anyone would like to practise please contact the churchwardens.

**Church Cleaning:** If you can spare a few hours in 2015 to help with the cleaning please contact Cazz Anders (561032).

**Carlby & District WI:** This WI has members attending from Carlby, Bourne, Thurlby, Wilsthorpe, Braceborough and Greatford. On Tuesday 10<sup>th</sup> February there was an entertaining talk entitled 'Birds in Myth & Folklore' with Dr Chris Andrews. The next meeting is in Carlby Village Hall on March 10<sup>th</sup> at 7:30pm and will feature a talk by Jill Collinge, entitled 'Simple Words, Hidden Meanings.' New Members and visitors are always welcome. For further information please phone 01778 590180.

**Bell ringing:** Greatford practice night – Wednesday 18<sup>th</sup> March at 7:30pm.

**Mobile Library:** The van will call at Greatford opposite the phone box on **Mondays** 23<sup>rd</sup> March 2015 and 20<sup>th</sup> April from 12:00 noon to 12:30 pm.

**Green Fingers? Make a mean Chilli Jam? Bake the best Victoria Sponge?** This year's Greatford Fete in September will host the Inaugural Annual Greatford Produce Show, with a variety of competitive and fun categories and some great prizes. So if you think your marrows are magnificent, your carrots incomparable or your tomatoes tremendous, start your planning and planting now, and prepare to prove your claim to the title of Best in Show. Further data's and entry forms will be available in next month's edition.

**Flying the Flag:** You can help to raise funds by having the Union Jack or the Flag of St George flown in honour of any special event. The Flags can be flown at the Village Hall in aid of Village Hall Funds or on the flagpole outside the Church in aid of Church Funds. Please contact Cyril Webb on 560437 in either case.

**Dog Fouling:** We still need to be vigilant.

## TRUESDALE WARD

Dear Resident

Kelham & I have been actively involved in visiting residents of Tallington, who live along the Barholm Road, to see what support there is for the proposed development of 200 houses to help pay for a by-pass when the level crossing is closed.

The District Council will be discussing whether to increase or freeze the Council Tax at its meeting on the 2<sup>nd</sup> March. The result from its consultation was that 51% wanted SKDC to freeze its element of the tax while 49% thought it should be increased by 2%. It is hoped that Councillors will agree to it being frozen for another year without compromising front line services.

Parish Councils have had the opportunity to engage with Officers from SKDC by attending briefing sessions to give their views on the forth coming Local Plan. The Plan will give the Districts vision on future development over the next 20 years.

You may be fed up with the talk of elections but if you want to vote in Parliamentary, District and Parish on the 7<sup>th</sup> May then please ensure you have registered to vote before 20<sup>th</sup> April.

If you have any problems relating to the District Council, please do not hesitate to contact either Rosemary Woolley 01778 560634 or Kelham Cooke 07940 187 426.

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## WELLAND MOTHERS' UNION

Monday, 16<sup>th</sup> March 2.00pm at Barholm Church. A quiet afternoon led by Rev'd David Bond, followed by refreshments. Further information from Elizabeth Noble 01778 344674 or Anne Batty 01780 740151

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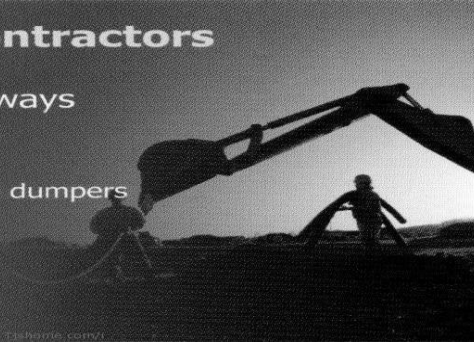
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7.5 tonne lorry for muck away

Tel: 01778343406

Mob: 07718665206

E: [neil@neilparmenter.com](mailto:neil@neilparmenter.com)



## PAINTER & DECORATOR

Interior - Exterior - Paperhanging  
House shoes worn & clean dustsheets used.  
Fully insured friendly service, 5 star ratings.

Also WOOD CONSERVATION & REPAIRS

Contact Richard on

01778 421878, 07759 250424

Or email: [rrbrundell@yahoo.co.uk](mailto:rrbrundell@yahoo.co.uk)

## CHILD CARE

Retired NNEB qualified nanny  
available for childcare.

Evenings or day time

on a regular or occasional basis.

Over forty years' experience.

CV & References available on request.

Call Suzanne on

01780 749306

## VILLAGE

### WINDOW CLEANING

Windows, Frames &  
Surrounds Cleaned  
Soffits & Fascias

Regular Reliable Service  
Purified Water Pole System  
(No Ladders – No Damage)

For a cleaner clean  
Call STEVE on

01733 327 265 07789 056 256

EVERY WINDOW WITHIN REACH

## Bed & Breakfast Accommodation

30 Casewick Lane  
Uffington  
Stamford  
Lincs  
PE9 4SX

Mrs D Jarvis

Luxury 4 Star  
hospitality



Phone: 01780 757392  
Mobile: 07767125236  
[Denisea30@talktalk.net](mailto:Denisea30@talktalk.net)

## CLEANSTART

Affordable – Efficient - Reliable

- Domestic cleaning
- Weekly or fortnightly
- One off sparkle cleans
- Professional carpet cleaning
- Professional steam cleaning
- Based in Stamford
- References available



Call 01780 767289 or 07947552867

[www.lincolnshire-rutland-hypnotherapy.co.uk](http://www.lincolnshire-rutland-hypnotherapy.co.uk)

Tel: 01778 560630



CLINICAL  
HYPNOTHERAPY



ALEXANDER JAMIESON  
DHyp, PDCHyp, PDCBHyp, MBSCH

High Anxiety  
Fears & Phobias  
Weight Control  
Digestion Problems  
Self Confidence  
Performance Anxiety  
Stress Management  
Blood Pressure  
Eating Disorders

Panic Attacks  
Unwanted Habits  
Sleep Difficulties  
Exam Nerves  
Stop Smoking  
Pain Control  
Self Image  
Emotional Issues  
& more.....

Hypno-Band  
Weight Loss System\*

Licensed Practitioner  
for Hypno-Band  
Gastric Band  
Hypnotherapy

AEROBICS  
Thursday 7.30 - 8.30pm  
Friday 9.30 - 10.30am

TOTAL BODY CONDITIONING  
Monday 9.30 - 10.30am  
Monday 6.20 - 7.20pm

30 minute cardio workout to burn  
calories, followed by a toning  
session.

Exactly what it says!  
Perfect for all over toning.



## FITNESS CLASSES

WITH SALLY WORMALL  
@ DEEPINGS DANCE &  
FITNESS CENTRE  
01778 347168



FITNESS PILATES & YOGA  
Monday 7.30 – 8.30 pm  
Thursday 9.30 - 10.30am  
Thursday 6.20 – 7.20pm

A blend of exercises to improve  
posture, balance, core strength &  
flexibility.

FITNESS PILATES  
Monday 10.40 – 11.40am  
(phone to book)

ALSO SUPER SENIORS class  
at the Deepings Community  
Centre - Thursday 11am

All classes £4.50 pay as you go except evening Fitness Pilates  
& Yoga classes which are 6 week courses –  
phone to book courses.



Like the Sally Wormall Fitness classes facebook page  
Visit [www.deepingsdanceandfitnesscentre.co.uk](http://www.deepingsdanceandfitnesscentre.co.uk)

SPACE FOR YOUR MESSAGE  
OR ADVERT

**CHURCH SERVICES AND DIARY DATES  
FOR MARCH 2015 VOLUME 29 NUMBER 12**

| Sunday   | Monday  | Tuesday   |
|--|---|---|
| <b>1<sup>st</sup> March</b>  | <b>2<sup>nd</sup></b>                                       | <b>3<sup>rd</sup></b>   |
| <b>Lent 2</b><br>9am Braceborough HC<br>10.15am WDeeping MP<br>10.30am Wilsthorpe HC<br>10.30am Uffington HC<br>1.45pm WDVH Walkers<br>6pm Barholm ES    | 1.45pm TallVH Whist   |   |
| <b>8<sup>th</sup></b>  | <b>9<sup>th</sup></b>                                       | <b>10<sup>th</sup></b>  |
| <b>Lent 3</b><br>9am Greatford HC<br>10.15am WDeeping HC<br>10.30am Uffington MP<br>6pm Tallington EP  | 1.45pm TallVH Whist   | 2.45pm WD Bible Study<br>Cromwell House   |
| <b>15<sup>th</sup></b>   | <b>16<sup>th</sup></b>                                      | <b>17<sup>th</sup></b>  |
| <b>Lent 4</b><br>9am Barholm HC<br>10.30am Uffington<br>Mothering Sunday Service<br>11.30am WDeeping All Age Worship<br>1.45pm WDVH Walkers              | 1.45pm TallVH Whist<br>2pm Welland MU                       | 7 for 7.30pm WDVH<br>WD Heritage Group  |
| <b>22<sup>nd</sup></b>   | <b>23<sup>rd</sup></b>                                      | <b>24<sup>th</sup></b>  |
| <b>Lent 5</b><br>9am Greatford MP<br>10.15am WDeeping MP<br>10.30am Uffington AAW<br>10.30am Tallington HC   | 1.45pm TallVH Whist   | 2pm Uffington<br>Uffington School<br>Eucharistic Service.<br>All very welcome   |
| <b>29<sup>th</sup></b>   | <b>30<sup>th</sup></b>                                      | <b>31<sup>st</sup></b>  |
| <b>Palm Sunday</b><br>10.30am Greatford HC Group Service<br>From Palms to Passion – a dramatized<br>reading of the last days of Jesus' life<br>on earth. | <b>Holy Week</b><br>1.45pm TallVH Whist<br>7pm Uffington HC | <b>Holy Week</b><br>2.45pm WD Bible Study<br>Cromwell House<br>7pm Greatford HC |

| Wednesday   | Thursday  | Friday  | Saturday   |
|---|---|---|--|
| <b>4<sup>th</sup></b>   | <b>5<sup>th</sup></b>   | <b>6<sup>th</sup></b>   | <b>7<sup>th</sup></b>                                |
| 2pm TallVH Bingo<br>2-4pm WDVH Bowls<br>7.30pm Uff WI<br>Birthday Party –<br>70th Anniversary Celebration                                     | 8-10pm WDVH Bowls   |   |  |
| <b>11<sup>th</sup></b>  | <b>12<sup>th</sup></b>  | <b>13<sup>th</sup></b>  | <b>14<sup>th</sup></b>                               |
| 2pm TallVH Welcome Club<br>2-4pm WDVH Bowls   | 8-10pm WDVH Bowls   | 9.55am Uff<br>Walk & Talk   |  |
| <b>18<sup>th</sup></b>  | <b>19<sup>th</sup></b>  | <b>20<sup>th</sup></b>  | <b>21<sup>st</sup></b>                               |
| 2pm TallVH Welcome Club<br>2-4pm WDVH Bowls   | 8-10pm WDVH Bowls   |   | 10.30am WDVH<br>St Andrew's Church<br>Coffee Morning |
| <b>25<sup>th</sup></b>  | <b>26<sup>th</sup></b>  | <b>27<sup>th</sup></b>  | <b>28<sup>th</sup></b>                               |
| 2pm TallVH Welcome Club<br>2-4pm WDVH Bowls   | 8-10pm WDVH Bowls   | 7pm TallVH Social<br>7.45pm WDVH<br>Rambling Readers  |  |
| <b>1<sup>st</sup> April</b>   | <b>2<sup>nd</sup> April</b>   | <b>3<sup>rd</sup> April</b>   |  |
| <b>Holy Week</b><br>10am WDeeping HC<br>7.30pm Uff WI<br>The Annual General Meeting<br>History of Uffington – A short<br>talk by Dr J Sheehan | <b>Maunday Thursday</b><br>7pm Braceborough<br>VH – The Last Supper | <b>Good Friday<br/>Services</b><br>11am WDeeping<br>Walk to Uffington<br>via Tallington<br>2pm Uffington<br>7pm Barholm |  |